



SUICIDE EVALUATION FORM

In an effort to best determine the risk of a counselee struggling with suicide, SCBC has set forth the following process of evaluation to help direct when to notify the proper authorities of danger. Because there is a subjective nature inherent in risk evaluation each counselor has the freedom to act outside these guidelines if they believe it is in the best interest and safety of the counselee.

As a general guideline, SCBC or any of its counselors will notify the proper authorities any time it is determined that a counselee meets the following criteria:

- The counselee meets the criteria of High Risk or greater regarding the likelihood of following through with suicide.
- The counselee is a Moderate Risk AND fails to fulfill any part of Step 2, "Willingness to Comply."

If there is ever any question about risk, the counselee will discuss the situation with the Director of SCBC and at least one Pastor at Southern View Chapel.

RISK EVALUATION:

Step 1 – Assess the Risk

- **Low Risk:** No prior history of, or current concern about suicide behavior.
- **Some Risk:** Prior history of suicidal ideation or behavior and currently struggling with loneliness and worthlessness as well as being depressed and isolated.
- **Moderate Risk:** Prior history of suicidal ideation or behavior or currently having ruminating or obsessive thoughts about suicide but no plans have been made.
- **High Risk:** Prior history of suicide attempts and increased desire to attempt suicide with some plan made and some means available.
- **Imminent Risk:** Prior history of suicide attempts: person in deep despair: plans are made and means are available (example: note written; given away possessions; will updated; plan made with means available).

Step 2 – Assess the Counselee's Willingness to Comply to Counseling

- Will they listen and apply counseling?
- Will they submit to be accountable to someone (Pastor, friend, advocate)?
- Will they sign a Safety Contract?

Step 3 – Assess the Counselee's Community Support

- How connected or isolated is the counselee?
- Who should be contacted as a way to spread liability, and extend love and care to the counselee?